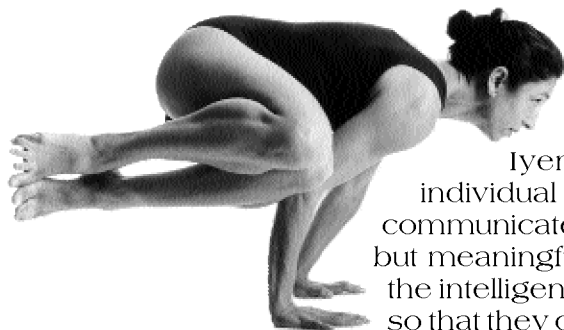


Iyengar Yoga Workshops with Gabriella Giubilaro

March 10–12, 2006
Lakewood & Denver, CO



Gabriella is known for her dynamic teaching of Iyengar yoga, her good humor, her attention to individual needs, and the clarity of her presentation. She communicates the essence of yoga postures through simple, but meaningful explanations that help her students discover the intelligence of their own bodies, challenging the students so that they can experience their maximum potential.

After receiving her doctorate in physics at the the University of Florence, Italy, Gabriella decided to dedicate her life to yoga in the tradition of B.K.S. Iyengar. She has been studying with the Iyengars yearly since 1983, teaches internationally, and holds an Advanced certificate in this method.

These workshops will
be held at two locations:

Intermediate Intensive at Blue Spruce Yoga, Lakewood

Fri.day and Saturday, March 10– 11

9:30 am—Noon, \$45

3—5:30 pm, \$45

All four intermediate sessions \$160
(if paid by March 1, 2006)



Blue Spruce Yoga
held at Lakewood United
Church of Christ, corner of
1st Ave. and Carr St. (between
Wadsworth and Kipling)

All Levels Workshop at Iyengar Yoga Center of Denver

Sunday, March 12

9:30 am—Noon, \$40

3—5 pm, \$35



770 S. Broadway, Denver, CO 80209

*Attend the workshops at both locations,
but please pay separately. These workshops
will fill quickly, so register and pay early. Priority
given to those who sign up for all sessions.*



To register for Lakewood sessions, send check payable to:

Leslie Bradley, 125 Estes St., Lakewood, CO. 80226

To register for Denver sessions, send check payable to:

IYCD, 770 S. Broadway, Denver, CO 80209

For more information:

call Leslie at (303) 237-4776 or IYCD at (720) 570-9642

or visit www.bluespruceyoga.com or www.iyengaryogacenter.com